

UPDATED 27th MARCH GALA PB'S IN GREEN. Those in **red** and **blue** from times achieved either at club or in Open competitions



Woodchurch S.C. - Personal Best Times – MARCH 2019

B = Bronze, S = Silver, G = Gold, P = Platinum, C = Club Challenge, * = converted time



Girls - Age 10 & under (on December 31, 2019)

SWIMMER/d.o.b.	Metres	FLY	BACK	BREAST	FREESTYLE	IND. MEDLEY
S. Nicholls	25	41.81	34.69	36.96	26.81	
	50		1.06.75	1.11.31	1.02.41	
	100					
M. Ryan	25	24.97	25.60	30.51	23.09	
	50		58.40	1.07.41	50.40	
	100				1.49.05	
G. Milnes	25	22.56B	23.72B	28.94	20.50B	
	50	55.88	50.97B	58.44B	47.41	
	100		2.10.78	2.25.24	1.44.59	
I. Carr	25	32.59	28.71	31.56	22.47	
	50	1.20.95	58.81	1.01.87	49.62	
	100				1.52.86	
S. Wootton	25	37.35	28.81	37.03	28.28	
	50		1.03.96	1.15.31	57.97	
	100				2.07.56	
L. Smout	25	24.93	24.90	27.50	20.38B	
	50	1.12.69	55.97	52.82B	43.72B	
	100		2.19.09	2.08.49B	1.39.05B	
	200				3.34.00B	
L. O'Keeffe	25	34.19	30.56	40.31	21.21	
	50		1.18.31		1.20.94	
	100					
F. McGuigan	25	26.71	22.90B	29.50	21.34	
	50		50.08B	55.57B	50.50	
	100		2.16.88	2.27.87	1.50.77	1.58.85
B. Haines	25	23.87	22.21B	26.47B	20.40B	
	50	1.05.73	49.28B	56.97B	45.41	
	100		2.11.96	2.18.53	1.45.84	
C. Thompson	25	29.84	30.22	34.12	24.97	
	50		1.10.75	1.13.87	56.27	
	100				2.13.51	



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Girls - Age 11 (on December 31, 2019)

SWIMMER / d.o.b.	Metres	FLY	BACK	BREAST	FREESTYLE	IND. MEDLEY
A. Brooks	25	21.88B	23.91B	28.36	18.76B	2.05.66
	50	58.52	54.00B	1.02.01	46.40B	
	100		2.07.40	2.10.16B	1.53.88	
R. Hughes	25	27.35	25.07	31.56	22.19	
	50	53.16	46.22S	57.79B	45.47B	
	100		1.52.81B		1.45.14B	
L. Jones	25	31.46	27.97	34.00	22.91	
	50		1.00.38	1.13.26	54.31	
	100				1.59.43	
J. Hunt	25	21.32B	23.83B	28.48	18.93B	1.44.63B
	50	50.63B	52.44B	1.02.14	41.58B	
	100		2.03.69	2.18.35	1.39.20B	
P. Sugden	25	22.47B	25.25	27.40	20.39B	
	50		54.07B	57.35B	46.53B	
	100		2.04.14		1.46.38	
C. Roche	25	31.25	26.91	30.71	23.59	2.22.33
	50	1.11.33	53.12B	1.03.97	48.06	
	100		2.10.82	2.28.89	1.56.78	
C. Ryan	25	19.38S	24.81	27.91	19.01B	1.49.51B
	50	50.97B	49.01B	51.48S	39.33S	
	100		2.03.06	2.03.75B	1.42.12B	
	200			4.04.63S		
N. Flanagan	25	24.73	23.81B	26.75B	20.57B	1.44.75B
	50	1.05.59	48.51B	55.03B	45.98B	
	100		2.06.66	2.19.85	1.40.75B	
H. Brearton	25	29.30	25.06	30.93	21.06	2.22.94
	50	1.12.31	55.03	1.05.15	49.50	
	100		2.02.21	2.35.82	1.46.30	
I. De Castro	25	22.95B	32.98	36.13	19.44B	2.11.08
	50	57.53	48.61B	50.16S	39.00S	
	100		1.49.20B	2.15.91	1.33.98B	
A. Camenzuli	25	21.91B	26.12	26.74B	20.90B	2.27.44*
	50	55.13	50.32	52.63S	40.32S	
	100			2.10.09B	1.39.38B	



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Girls - Age 12 (on December 31, 2019)

SWIMMER / d.o.b.	Metres	FLY	BACK	BREAST	FREESTYLE	IND. MEDLEY
N. Kearsley	25	21.27B	22.10B	25.41B	19.13B	2.12.18
	50	56.88	49.25B	54.35B	42.47B	
	100		1.59.79	2.01.39B	1.36.25B	
E. Grealis	25	29.42	27.47	27.00B	24.44	3.10.06*
	50	1.11.56	1.01.78	58.07B	55.00	
	100			2.15.95	1.55.81	
G. Horne	25	26.05	26.41	28.25	22.21	
	50	1.03.47	59.18	56.72B	45.42B	
	100		2.09.88	2.12.09	1.52.91	
I. Draper	25	21.00B	24.18B	27.58	20.97B	2.01.74
	50	52.23B	51.00B	53.06B	42.29B	
	100		1.53.32B	2.01.74B	1.36.28B	
S. Kewley	25	17.09G	22.35B	24.06B	15.07G	1.29.63G
	50	41.34G	47.47B	43.93S	34.62G	
	100		1.56.00B	1.41.40G	1.19.58G	
	200			3.39.43G	3.10.07S	
E. Wootton	25	22.95B	24.18B	26.18B	20.05B	2.19.25
	50	56.30	46.87S	54.00B	41.38B	
	100		2.02.41	2.04.70B	1.42.58B	
R. Pryce	25	23.41	23.97B	29.26	19.12B	1.58.84
	50	56.57	47.75B	59.73B	42.45B	
	100		1.54.98B	2.13.40	1.36.97B	
K. Davies	25	27.41	23.37B	28.28	19.65B	2.07.61
	50	1.01.13	47.12S	55.03B	44.25B	
	100		1.54.16B	2.32.95	1.49.23	
J Corteen-Hayes	25	19.93S	23.65B	33.86	17.94S	
	50	1.00.85	41.70S	1.07.11	38.43S	
	100		2.00.95		1.30.27S	



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Girls - Age 13 & 14 (on December 31, 2019)

SWIMMER / d.o.b	Metres	FLY	BACK	BREAST	FREESTYLE	IND. MEDLEY
L. Crossland	25	21.03B	23.59B	23.60S	19.40B	1.43.97B
	50	47.75B	46.06B	47.68S	38.90S	
	100		1.38.00S	1.50.79B	1.29.38S	
G. Lynch	25	23.26	28.62	28.83	21.40	1.57.41B
	50	52.34B	1.05.30	1.06.80	48.06	
	100		2.20.46	2.30.19	1.43.16B	
I. Thomas-Jenkins	25	16.94G	21.19S	20.87G	18.17S	1.22.42G 2.56.20P
	50	35.84G	40.70G	43.51G	32.57G	
	100	1.21.04P	1.28.55G	1.37.07P	1.11.19C	
	200			3.39.65G	2.38.84P	
	400				5.33.16P	
R. Davis	25	28.03	24.12B	25.56B	19.43B	1.35.19S
	50	49.81B	43.09S	51.46S	37.41B	
	100		1.33.17S	1.50.58S	1.25.18S	
M. Sugden	25	21.03B	23.84B	25.55B	18.75B	1.37.11S
	50	45.52S	47.87B	50.47S	37.94S	
	100		1.43.74B	1.44.82S	1.27.34S	
A. Melody	25	21.47B	20.19S	23.10S	17.64S	1.41.91S
	50	48.15B	44.06S	48.69S	40.53S	
	100		1.38.18B	1.47.90S	1.33.84B	
E. Thompson	25	19.44S	22.00B	24.81B	18.55B	1.32.87G
	50	36.19G	41.62G	51.92S	34.81G	
	100		1.32.23S	1.55.56B	1.23.38S	
C. Stone	25	21.27B	22.31B	22.91S	18.32B	1.33.19G
	50	49.99B	45.15S	45.75G	38.00S	
	100		1.38.20S	1.41.95G	1.27.68S	
E. Hughes	25	20.97B	21.53B	25.97B	18.06S	1.46.88B
	50	47.43B	45.13S	48.94S	33.58G	
	100		1.39.15S	1.44.66G	1.27.79S	
E. Camenzuli	25	22.36B	25.95	28.47	18.90B	2.09.97
	50	52.59B	49.05B	55.59B	40.72S	
	100			2.22.29	1.33.28B	
K. Hunt	25	21.15B	20.69S	24.81B	16.51G	1.36.19S
	50	47.75B	44.47S	53.60B	36.41S	
	100		1.40.57S	1.54.85S	1.27.97S	
C. Crammond	25	20.12S	21.62B	23.28S	16.97S	1.40.57S
	50	45.70S	40.95G	49.88S	36.10G	
	100	1.59.72	1.29.91G	1.46.37S	1.18.78G	
J. Williams	25	20.89B	22.76B	22.06S	18.23S	1.36.97S
	50	46.26B	46.39S	47.51G	39.59S	
	100	1.58.71	1.49.60B	1.45.27S	1.29.60S	



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Girls - Age 15 (on December 31, 2019)

SWIMMER / d.o.b.	Metres	FLY	BACK	BREAST	FREESTYLE	IND. MEDLEY
A Thomas-Jenkins	25	18.06G	19.08G	22.85S	16.56G	1.25.96G 3.06.98P
	50	39.05G	37.28G	46.23G	32.20G	
	100	1.49.74B	1.20.10C	1.42.33G	1.12.34C	
	200		2.59.15P		2.40.18P	
	400				5.52.94P	
I. Watkinson	25	26.95	22.75B	27.39	18.63B	1.57.02B
	50	48.73B	46.67S	53.48B	37.59S	
	100		1.35.79S	2.03.86B	1.26.44S	
M. Evans	25	25.75	29.06	27.03B	20.81B	2.09.57
	50	56.89	57.64	57.40B	44.38B	
	100		1.59.93	2.07.60B	1.43.10B	
C. Oldfield	25	18.72S	20.63S	21.78S	15.69G	1.28.78G
	50	42.75S	40.59G	42.83G	34.47G	
	100	1.39.36S	1.20.87C	1.31.09C	1.12.07C	
	200				3.27.00B	
	400			3.45.49S	7.10.00B	
	800				14.55.00B	
	1500				28.58.64B	
G. Curtis	25	23.21	22.78B	24.65B	17.94S	1.49.63B
	50	50.87B	47.64B	59.13B	40.30S	
	100		1.50.41B	2.11.19B	1.32.76B	



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Girls – Age 16 (on December 31, 2019)

SWIMMER/d.o.b.	Metres	FLY	BACK	BREAST	FREESTYLE	IND.MEDLEY
M. Al-Rawi	25	23.60	25.72	27.20B	19.68B	
	50	59.28	55.60	1.00.38B	44.27B	
	100		2.10.33	2.07.09B	1.37.64B	
T. Vinayagam	25	20.87B	21.30S	23.88B	17.29S	
	50	44.50B	45.78S	52.62S	37.88S	
	100		1.34.31S	1.52.09S	1.23.74S	1.40.04S
E. Lavin	25	16.05G	20.52S	23.03S	17.15S	
	50	44.27S	42.45G	49.09S	37.76S	
	100	1.47.67B	1.29.99G	1.44.80G	1.20.52G	1.33.15G
	200			3.50.96S		
I. Lavin	25	15.03G	18.34G	19.34G	13.86G	
	50	34.22G	36.94G	42.84G	30.09G	
	100	1.23.52P	1.17.71C	1.29.84C	1.05.91C	1.18.44G
	200			3.20.56P	2.38.22P	3:00.18C
	400				5.45.14P	6.29.00P
800				11.28.20P		
J. Cook	25	18.66S	20.91S	23.15S	16.09G	
	50	39.59G	43.95S	48.84S	38.10S	
	100	1.40.59B	1.35.00S	1.46.19S	1.20.01G	1.34.46S
	200					3.23.97G
G. De Castro	25	16.25G	18.18G	18.03G	14.47G	
	50	35.76G	37.34G	38.34G	31.53G	
	100	1.28.58G	1.17.91C	1.25.23C	1.08.62C	1.19.06G
	200			3.11.06P		2.50.46P
E. Darroch	25	19.38S	20.94S	23.07S	16.34G	
	50	44.81S	45.22S	48.31S	34.82G	
	100	1.45.62B	1.46.97B	1.46.50S	1.16.08P	1.36.53S
	200					3.21.06G



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Girls – Age 17 and over (on December 31, 2019)

SWIMMER/d.o.b	Metres	FLY	BACK	BREAST	FREESTYLE	IND.MEDLEY
H. Evans	25	20.66B	22.69B	23.72B	17.63S	1.38.20S
	50	45.28S	46.18S	49.84S	39.03S	
	100	1.43.76B	1.32.97S	1.47.35S	1.18.46G	
S. Forsdick	25	20.05S		20.08G	16.28G	1.28.89G
	50	41.25G	44.28S	41.32G	33.42G	
	100	1.36.68S	1.32.21S	1.29.87C	1:16.37P	
A. Quail	25	20.07S	25.14	22.65S	19.52B	1:35.85S
	50	43.87S	44.69S	46.85G	39.00S	
	100	1.46.80B	1.36.53S	1.36.87P	1.24.87S	
M. Draper	25	20.10S	21.25B	20.46G	16.78S	1:34.28S
	50	42.76S	40.85G	43.07G	36.09G	
	100	142.25B	1.27.25G	1.35.35P	1.17.77G	
L. Smith	25	18.22G	19.69S	22.12S	15.26G	1:26.13G 3:10.38G
	50	37.16G	39.50G	45.87G	33.27G	
	100	1.26.10G	1.29.63G	1.38.61G	1:14.47P	
	200				2:51.38G	
	1500				25:45.68G	
I. Mitchelson	25	21.46B	23.45B	22.06S	17.97S	1:36.58S 3:20.97G
	50	45.62S	45.56S	47.50G	38.21S	
	100	1.40.90B	1.35.79S	1.40.38G	1:23.09S	
	400				8:15.33	
	800				16:42.23B	
	1500				30:56.12B	
S. Abbott	25	18.44G	20.94S	20.40G	16.45G	1:30.76G
	50	42.42S	41.47G	43.71G	35.47G	
	100	1.42.01B	1.29.97G	1.33.93P	1.17.03G	
	200			3.39.79G		
E. Begbie	25	17.00G	22.49B	21.40G	14.88G	1:24.25G 3:00.31C
	50	37.07G	42.22G	43.03G	33.53G	
	100	1.29.72G	1:28.83G	1:35.12P	1:12.62C	
	200			3:28.07B	2:42.61P	
	1500				25:35.86S	
A. Smith	25	16.03G	19.56S	19.34G	15.30G	1:22.53G 2.53.16C
	50	35.88G	40.09G	41.43G	33.04G	
	100	1.23.87P	1.23.86P	1.29.73C	1.11.86C	
	200			3.22.06P	2.48.73P	
	400				6.00.81G	
H. Ainsworth	25	16.47G	22.38B	18.42G	15.66G	1:24.34G 2:59.91C
	50	37.00G	39.69G	45.44G	32.54G	
	100	1.21.45P	1.26.15G	1.35.70P	1.10.41C	
	200					
A. Oldfield	25	17.29G	19.05G	21.66G	15.38G	1:25.68G 3:03.09P
	50	38.00G	37.97G	43.16G	33.46G	
	100	1.25.57G	1.23.70P	1.35.03P	1:14.68P	
	200		3.28.14S		2:56.47G	
	400				6:25.84S	